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Modulation of Angiogenic Activity by Light-Activatable miRNA-Loaded Nanocarriers

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KEYWORDS. *nanoparticles, microRNA, light-activatable materials, near-infrared, modulation of cell activity*

ABSTRACT. The combinatorial delivery of miRNAs holds great promise to modulate cell activity in the context of angiogenesis. Yet, the delivery of multiple miRNAs with spatio-temporal control remains elusive. Here, we report a plasmonic nanocarrier to control the release of two microRNAs. The nanocarrier consists of gold nanorods (AuNRs) modified with single stranded DNA (ssDNA) for hybridization with complementary DNA-conjugated microRNAs. DNA strands with distinct melting temperatures enable to independently release each microRNA with a near infrared (NIR) laser using the same wavelength but different

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3 powers. Tests in human outgrowth endothelial cells (OECs) indicate that this system can be
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5 used to silence different targets sequentially and, by doing so, to modulate cell activity with
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7 spatio-temporal resolution. Finally, using an *in vivo* acute wound healing animal model, it is
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9 demonstrated that the order by which each miRNA was released in transplanted OECs
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11 significantly impacted the wound healing kinetics.
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20 Ischemic diseases are a leading cause of morbidity and mortality in the contemporary
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22 world. Several pre-clinical and clinical trials are exploring the therapeutic effect of cell-based
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24 therapies, including endothelial progenitor cells (EPCs), in ischemic diseases.¹⁻³ Outgrowth
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26 endothelial cells (OECs), a sub-population of EPCs,⁴ are of particular interest for the
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28 treatment of ischemic diseases⁵⁻⁶ and for tissue engineering applications,⁷ given their
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30 contribution to the vascularization of tissues and tissue constructs. It is well recognized that
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32 the poor survival and engraftment of transplanted cells hinders their clinical efficacy and
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34 thus, the development of strategies to modulate the activity of these cells (*e.g.* survival,
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36 proliferation) is paramount to enhance their therapeutic effect. In this setting, the
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38 transplantation of cells transfected with modulators that are externally activated at specific
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40 times during cell engraftment can be seen as a promising strategy.
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44 MicroRNAs (miRNAs) are non-coding single-stranded RNAs that function as
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46 endogenous post-transcription regulators of gene expression and have the ability to affect
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48 several biological processes, including differentiation, cell proliferation and survival.⁸
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50 Previous studies have demonstrated that miRNAs are powerful modulators of angiogenesis,⁹
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52 that may act cooperatively to regulate angiogenic factors such as VEGF.¹⁰ The hypothesis of
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54 this work is that the intracellular delivery of two miRNAs (miR-302a-3p and miR-155-5p,
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56 hereafter designed as miR-302a and miR-155, respectively) may regulate either cell
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3 proliferation or survival depending on their temporal delivery. It has been reported that miR-
4 302a is able to promote cell proliferation by the inhibition of cell cycle regulators expression,
5 such as cyclin D1, which favors the transition in cell cycle from G1 to S phase.¹¹ On the other
6 hand, miR-155 regulates endothelial cell survival in hypoxic conditions because increases the
7 level of the pro-survival enzyme, heme-oxygenase.¹²⁻¹³ To control the intracellular delivery
8 of miRNAs we have developed a nanocarrier that is triggerable by near infrared light (NIR).
9 Previous studies have demonstrated the use of these nanocarriers for the spatio-temporal
10 delivery of single microRNAs¹⁴ and siRNAs¹⁵⁻¹⁸ to modulate cell activity. In those studies,
11 the RNA molecules were encapsulated in nanocarriers¹⁴ or immobilized on the surface of the
12 nanocarrier by electrostatic interactions^{17, 19} or hybridization^{16, 18} with complementary
13 oligonucleotides. The release was induced by the photodisassembly of the NP,¹⁴ thermal de-
14 hybridization of the RNA molecules,¹⁶ thermal dissociation from a polycationic linker,¹⁵ or
15 the cleavage of the linker containing the RNA from the nanoparticle surface.¹⁷ However, so
16 far, no light-responsive formulation has shown the precise control over the release of more
17 than one miRNA.

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20 In this study, we developed a platform for the intracellular delivery of two miRNAs
21 that combines high nanocarrier uptake, efficient endolysosomal escape and rapid delivery of
22 each miRNA by varying the power of a single pulse laser. The plasmonic gold nanocarrier
23 (AuNRs) was modified with different single stranded DNA (ssDNA) that act as linkers to
24 immobilize miRNAs on the gold surface through hybridization of complementary strands
25 (Figure 1). The chemistry and the density of the ssDNA linkers were optimized to have
26 sequences with specific melting temperatures and distinct release profiles after activation by
27 a unique NIR laser source. Upon excitation at 780 nm, a photothermal effect induces
28 dehybridization of complementary strands.¹⁹ To enhance the uptake of the nanocarriers and
29 destabilize the endolysosomal membranes during the intracellular uptake we have used a
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3 peptide with membrane-perturbing abilities,²⁰ cecropin mellitin (CM). This peptide has been
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5 shown to be non-cytotoxic for several types of cells (*e.g.* endothelial cells, fibroblasts,
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7 macrophages) in concentrations below 5 μM .²¹⁻²² Moreover, melittin peptide derivatives have
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9 been used successfully for the intracellular delivery of siRNA or plasmid DNA due to their
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11 membrane destabilizing properties.²³⁻²⁴ A reporter cell line (HEK-293T) responsive to miR-
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13 155 and miR-302a has been used to facilitate the monitoring of miRNA release induced by
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15 laser irradiation and thus to validate miRNA activity. The cells carry a vector that encodes for
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17 mCherry and EGFP. MCherry gene is conjugated with the target of miR-155 and EGFP gene
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19 is conjugated with the target of miR-302a. Consequently, transfection with miR-155 leads to
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21 exclusive knockdown of mCherry and miR-302a leads to exclusive knockdown of EGFP.²⁵
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23 Finally, we demonstrated the biological activity of the sequential release of both miRNAs in
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25 OECs derived from human cord blood CD34⁺ cells. We further demonstrated that, depending
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27 on the sequence of delivery of each miRNA in OECs transplanted in an *in vivo* wound
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29 healing model, it was possible to increase the therapeutic potential of these cells ultimately
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31 improving the wound healing rate.
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37 RESULTS AND DISCUSSION

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39 **Synthesis of AuNRs and conjugation with miRNAs.** AuNRs synthesized according
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41 to the seed mediated method,²⁶ and then stabilized with mercaptohexanoic acid (MHA), were
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43 coated with ssDNA containing a thiol terminal group at the 5' end to facilitate the covalent
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45 attachment to the AuNR surface (Figure 1). The AuNRs used in this work had an average
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47 length of 47 ± 0.4 nm and width of 14 ± 0.2 nm and showed a plasmon resonance band at 780
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49 nm regardless of the presence of the miRNA (Figures 2a and 2c). The two ssDNA tested in
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51 this work had a poly-thymine spacer (12 or 15 thymines) followed by an oligonucleotide
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53 sequence of 15 or 13 bases, respectively (Table S1). The poly-thymine spacer was used to
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keep the oligonucleotide hybridization sequence distant from the AuNR surface.²⁷ The number of ssDNA per AuNR was on average 480 ± 20 , with a coupling efficiency of ssDNA to AuNR of nearly 60%. To immobilize microRNAs on AuNRs, miR-155 and miR-302a modified with a terminal amine group were reacted with the succinimidyl ester of sulfo-GMBS and then with ssDNA containing a terminal thiol group (Figure 1a).

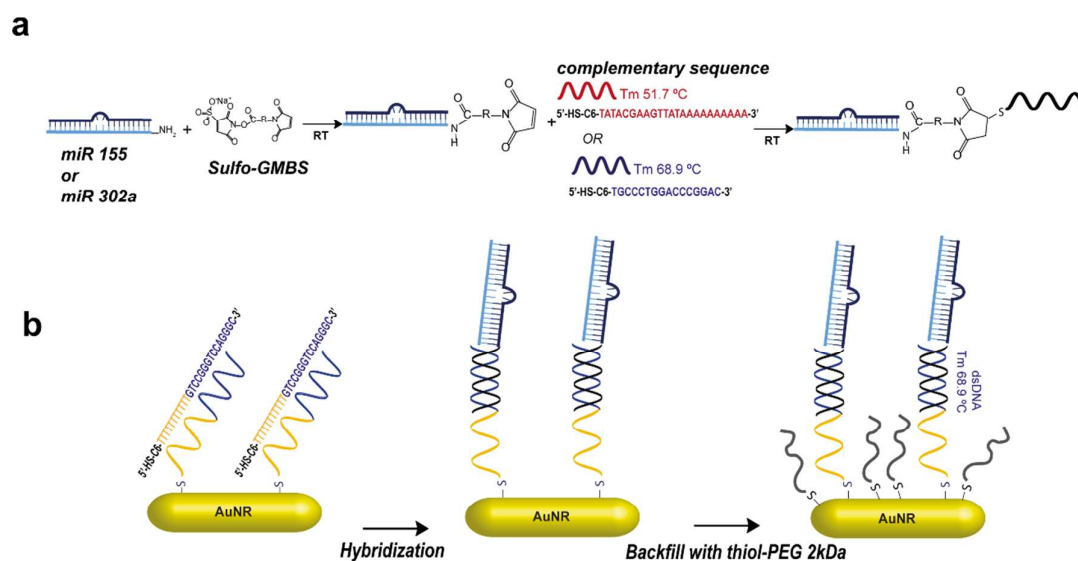


Figure 1. Preparation of miR-dsDNA-AuNR conjugates. (a) Preparation of miR-ssDNA conjugates. miR-155 or miR302a were initially reacted with a heterofunctional linker (Sulfo-GMBS) by its terminal succinimide ester. The miR conjugate was then reacted with a ssDNA modified with a terminal thiol group (HS-ssDNA). After reaction, the miR-ssDNA conjugate (miR155-ssDNA_{51.7} or miR302a-ssDNA_{68.9}) was purified by HPLC. (b) Preparation of AuNR-ssDNA. AuNRs were reacted with HS-ssDNA complementary to the strands of miR155-ssDNA or miR302a-ssDNA conjugates. ssDNA-miR conjugates were then bound to the ssDNA-AuNR by hybridization. The surface of AuNR was then filled with 2 KDa thiol-PEG. Upon NIR irradiation, there is an increase in the temperature at the AuNR leading to the DNA de-hybridization and the release of miRs with different kinetics. The release kinetic

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3 depends on the heat generated (which depends on the power of NIR laser used) and the
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5 melting temperature of the oligonucleotides.
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9 To prevent miRNA loss of activity due to conjugation with a ssDNA, each miRNA
10 was conjugated with ssDNA through the sense strand, guaranteeing the structural integrity of
11 the antisense strand, in particular the 5' terminus, which is important for initiating the RNA
12 interference mechanism.²⁸ The conjugation efficiency, *i.e.*, the percentage of miRNA
13 conjugated with thiolated ssDNA, was 39% for miR-155 and 22% for miR-302a (Figure S1).
14 The activity of each miRNA was monitored before and after conjugation with ssDNA, using
15 lipofectamine RNAimax as transfection agent in a reporter cell line responsive to both
16 miRNAs. In the concentration range tested (0.05 to 5 nM), the fluorescence of the reporter
17 cell line decreases according to the concentration of miRNA used (Figure S2). Both miRNAs
18 are active after conjugation with ssDNA, although miR-302a-ssDNA conjugate is slightly
19 less active than miR-302a at the lowest concentrations tested (0.05-0.5 nM) (Figure S2).
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33 To hybridize ssDNA-miR conjugates to ssDNA-AuNRs, the conjugates were
34 incubated in large excess with ssDNA-AuNRs (400 or 800-molar fold ratio) at 37°C leading
35 to the immobilization of 202 (400-molar fold ratio) and 390 (800-molar fold ratio) ssDNA-
36 miR-155 conjugates per AuNR or 226 and 404 ssDNA-miR-302a per AuNR (Figure 2d).
37 Therefore, the hybridization efficiency of ssDNA-miR conjugates to ssDNA-AuNRs was
38 between 48.8 and 56.5%. For subsequent experiments, we have used AuNRs with ca. 400
39 ssDNA-miR conjugates because this number was large enough to elicit a biological response
40 (see below). Our results show that hybridization of the ssDNA-miRNA conjugate does not
41 cause significant changes in the absorbance spectrum of the AuNRs (Figure 2c). In addition,
42 the size of the nanocarrier was not substantially different from the non-conjugated one
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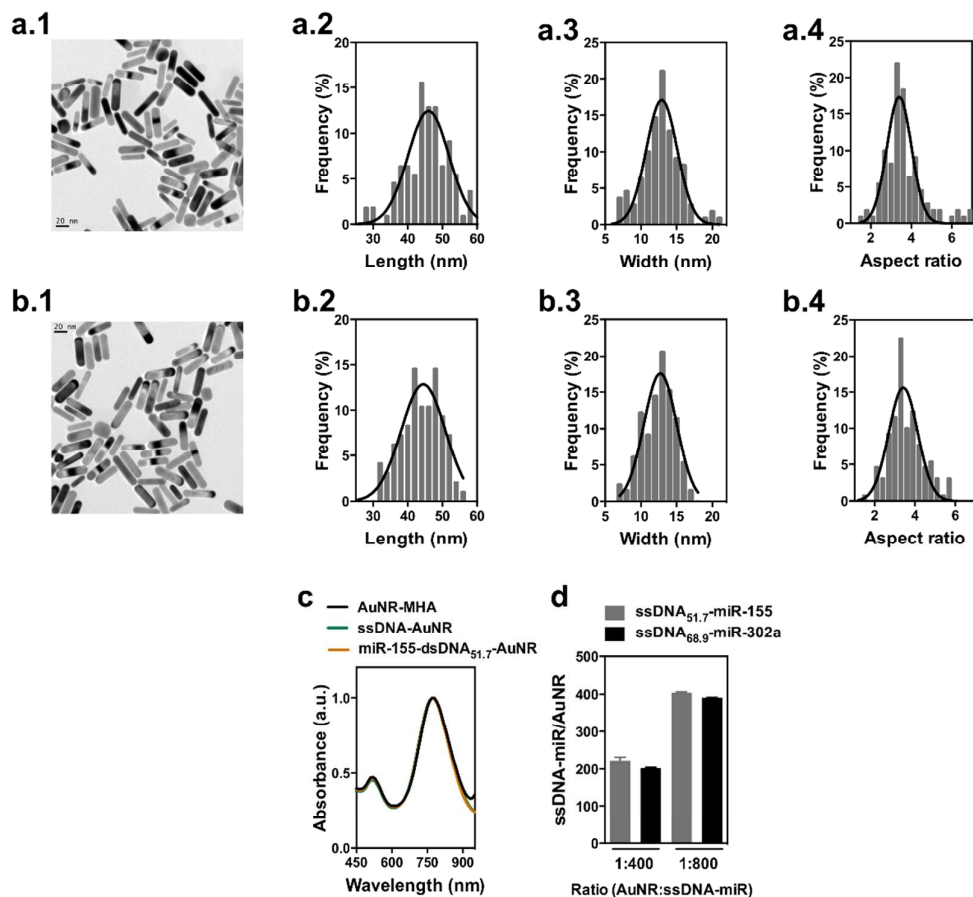


Figure 2. Characterization of AuNRs. Representative TEM images of AuNRs (a.1) and miR-155-dsDNA_{51.7}-AuNRs (b.1). AuNR length (a.2 and b.2) and width (a.3 and b.3) and aspect ratio (a.4 and b.4) distribution obtained from TEM images. The AuNRs showed an average length of 47 ± 0.4 nm, an average width of 14 ± 0.2 nm and an aspect ratio of 3.4 ± 0.07 . Results are Average \pm SEM (n=100). (c) Absorbance spectra of AuNRs after conjugation with mercaptohexanoic acid (AuNR-MHA), after conjugation with ssDNA_{51.7} (ssDNA_{51.7}-AuNRs) and after hybridization with miR-155-ssDNA (miR-155-dsDNA_{51.7}-AuNR). Surface plasmon resonance band does not change during surface modification. (d) Number of miR-155-ssDNA_{51.7} and miR302a-ssDNA_{68.9} conjugates hybridized on AuNRs modified with an average of 475 strands per AuNR. The number of miR-ssDNAs hybridized on AuNRs was determined indirectly in the supernatant using SyBr Gold fluorescent dye. Results are Average \pm SEM (n=3).

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5 **Light-triggered release of miRNAs from AuNRs.** To study the release profiles of
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7 miRNAs, we have used AuNRs hybridized with: (i) miR-155 conjugated with ssDNA with a
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9 melting temperature of 51.7 °C (miR-155-ssDNA_{51.7}) and (ii) miR-302a conjugated with
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11 ssDNA with a melting temperature of 68.9 °C (miR-302a-ssDNA_{68.9}) (Figure 1). Each
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13 suspension of miR-dsDNA-AuNR was irradiated for 2 or 5 min and immediately centrifuged.
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15 Our results show that miR-155 was released at 1.25 Wcm⁻² while miR-302a was largely
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17 released at 2 Wcm⁻² (Figures 3a and 3b). The supernatants of each formulation were then
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19 complexed for 20 min with lipofectamine RNAimax and added to HEK-293T cells for 4 h
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21 (Figure 3a). The concentration of miR-155-ssDNA_{51.7} released with a laser stimulus of 1.25
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23 W cm⁻² for 2 min was able to inhibit mCherry fluorescence by 80% compared with the
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25 control (Figures 3c and 3d). Increasing the time or the power of the laser did not decrease
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27 significantly mCherry fluorescence when compared to 2 min laser stimulus at 1.25 Wcm⁻². In
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29 contrast, the concentration of miR-302a released with a laser stimulus for 2 or 5 min at 1.25
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31 Wcm⁻² did not induce a significant decrease in EGFP fluorescence 48 h after transfection
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33 (Figures 3e and 3f). Yet, the increase of laser power from 1.25 Wcm⁻² to 2 Wcm⁻² for 2 min
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35 led to almost 40 % decrease in EGFP fluorescence signal. Overall, our results showed that
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37 NIR laser-induced release of miR-ssDNA conjugates correlates with the power of the laser
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39 and the melting temperature of the DNA strands, *i.e.* miR conjugated with higher melting
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41 temperature ssDNA (68.9° C) required a higher laser power to be released from the AuNR
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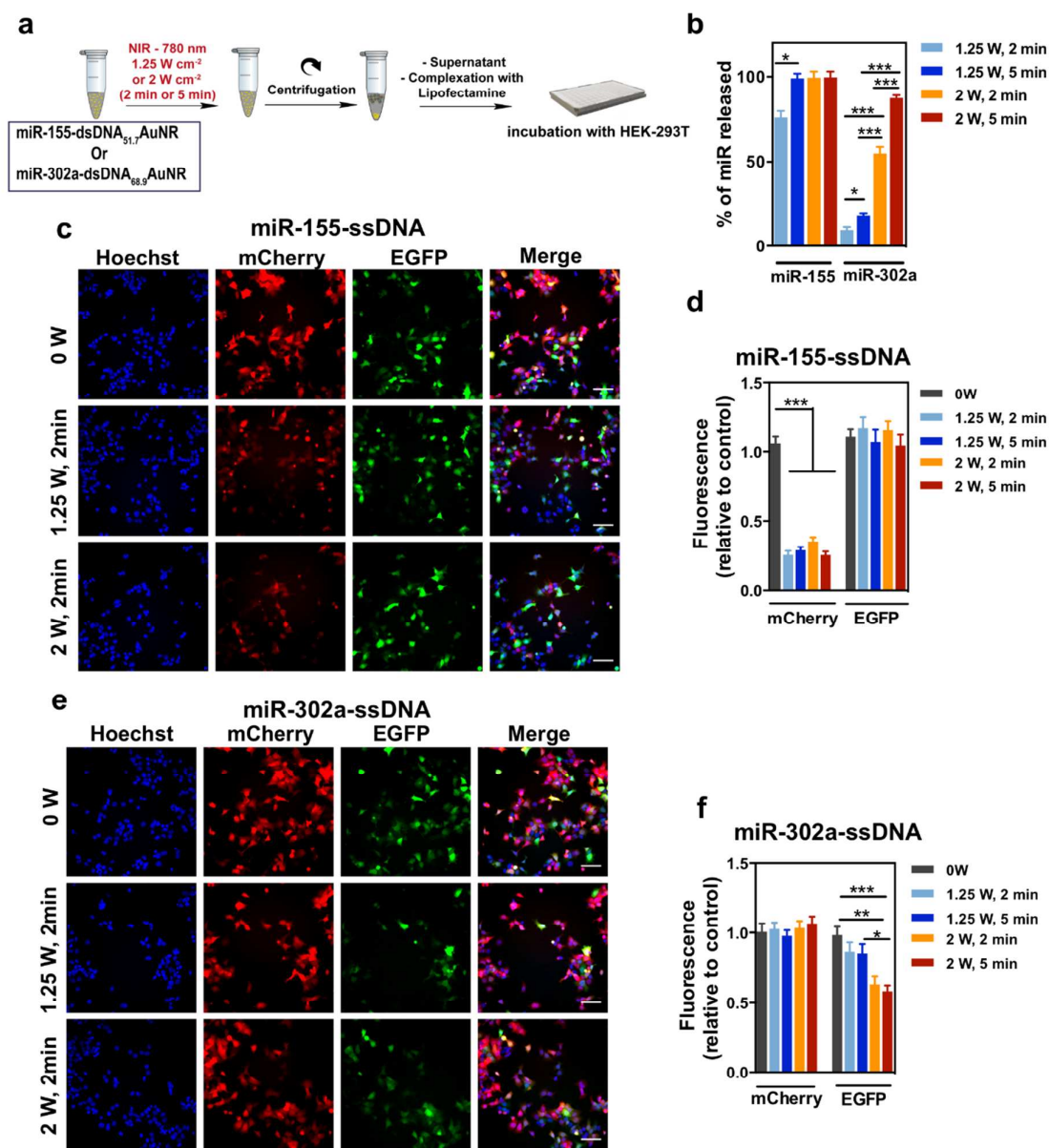


Figure 3. EGFP and mCherry knockdown in HEK-293T after laser induced release of miRNAs. (a) Schematic representation of the experimental protocol. Suspensions of miR-155-dsDNA_{51,7}-AuNR and miR-302a-dsDNA_{68,9}-AuNR were exposed to different laser stimuli at 1.25 Wcm⁻² (2 and 5 min) and at 2 Wcm⁻² (2 and 5 min). Immediately after irradiation, suspensions were centrifuged and the supernatants were complexed with Lipofectamine RNAimax and incubated with HEK-293T. (b) Percentage of miR-ssDNA

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3 released from AuNR with laser irradiation. After irradiation, AuNR suspensions were
4 centrifuged and the amount of miR-ssDNA in the supernatant was determined using SyBr
5 Gold fluorescent dye. (c and e) Fluorescence microscopy images of HEK-293T exposed to
6 miR-155-ssDNA/RNAimax or miR-302a-ssDNA/RNAimax complexes for 4 h. After 48 h of
7 incubation, mCherry and EGFP fluorescence were monitored by a high content fluorescence
8 microscope. Scale bar corresponds to 50 μ m. (d and f) mCherry and EGFP fluorescence
9 normalized to the control (supernatant of non-irradiated miR-dsDNA-AuNRs). Results are
10 expressed as Average \pm SEM (n=3, with 6 microscope fields per sample). In b, d and f, *,**
11 and *** denote statistical significance (p<0.05, p<0.01 and p<0.001) assessed by one-way
12 ANOVA test followed by a Tukey's post-hoc test.
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29 **Uptake and endosomal escape of AuNRs.** miRNA interference mechanism requires
30 the delivery of miRNA in the cell cytoplasm.⁸ To enhance cell uptake and endosomal escape
31 of miR155-dsDNA_{51.7}-AuNRs we have used CM, a cell penetrating peptide. CM is a cationic
32 amphiphilic peptide with membrane-perturbing capacity,²⁹ leading to endosomal escape of
33 membrane-impermeable molecules.³⁰ The effect of CM in the uptake and intracellular
34 localization of miR155-dsDNA_{51.7}-AuNRs labelled with TRITC was studied using confocal
35 microscopy and transmission electron microscopy (TEM) (Figure 4). Cells were incubated
36 with miR155-dsDNA_{51.7}-AuNR-TRITC (50 μ g/mL) for 4 h in DMEM (without FBS),
37 washed and finally characterized by confocal microscopy and inductive coupled plasma mass
38 spectrometry (ICP-MS). Our results showed that increased concentrations of CM led to
39 increased intracellular levels of miR155-dsDNA_{51.7}-AuNR-TRITC as measured by confocal
40 microscopy (Figure 4b) and ICP-MS analyses (Figure 4d). Because the uptake of the AuNR
41 formulation begins with an initial adhesion to the cell membrane, followed by the activation
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3 of an energy-dependent uptake mechanism, we evaluated whether CM interacted with
4 miR155-dsDNA_{51.7}-AuNR before cell interaction (Figure S3). Indeed, the CM interacted with
5 the miR-dsDNA-AuNRs because the zeta potential of the formulation increased after the
6 contact with CM. The positive charge of the miR-dsDNA-AuNRs: CM complex may
7 facilitate the interaction with the negatively-charged regions of the cell membrane. In
8 addition, it is possible that the hydrophobic regions of the peptide further facilitated the
9 interaction with cell membrane as previously demonstrated with model cell membranes.³¹
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18 The effect of CM in the endolysosomal escape was also characterized. The
19 colocalization of miR155-dsDNA_{51.7}-AuNR-TRITC with LysoTracker was lower in the
20 presence of CM than in the absence of peptide showing that the peptide contributes for the
21 endolysosomal escape of the nanocarrier (Figure 4c). However, increasing the concentration
22 of the peptide from 5 μ M to 10 μ M did not decrease the coefficient of colocalization (Figure
23 4c). Furthermore, our results suggest a cumulative effect of CM and laser irradiation in the
24 endosomal escape of the miR155-dsDNA_{51.7}-AuNR-TRITC likely due to the fact that the
25 peptide destabilizes the endosomal membrane allowing the escape of part of the nanocarriers.
26 As confirmed by TEM (Figures 4e, 4f and 4g), the NIR laser also promotes the escape of
27 AuNRs that were still inside the endosomes, probably *via* a photochemical process through
28 generation of radical species.³²
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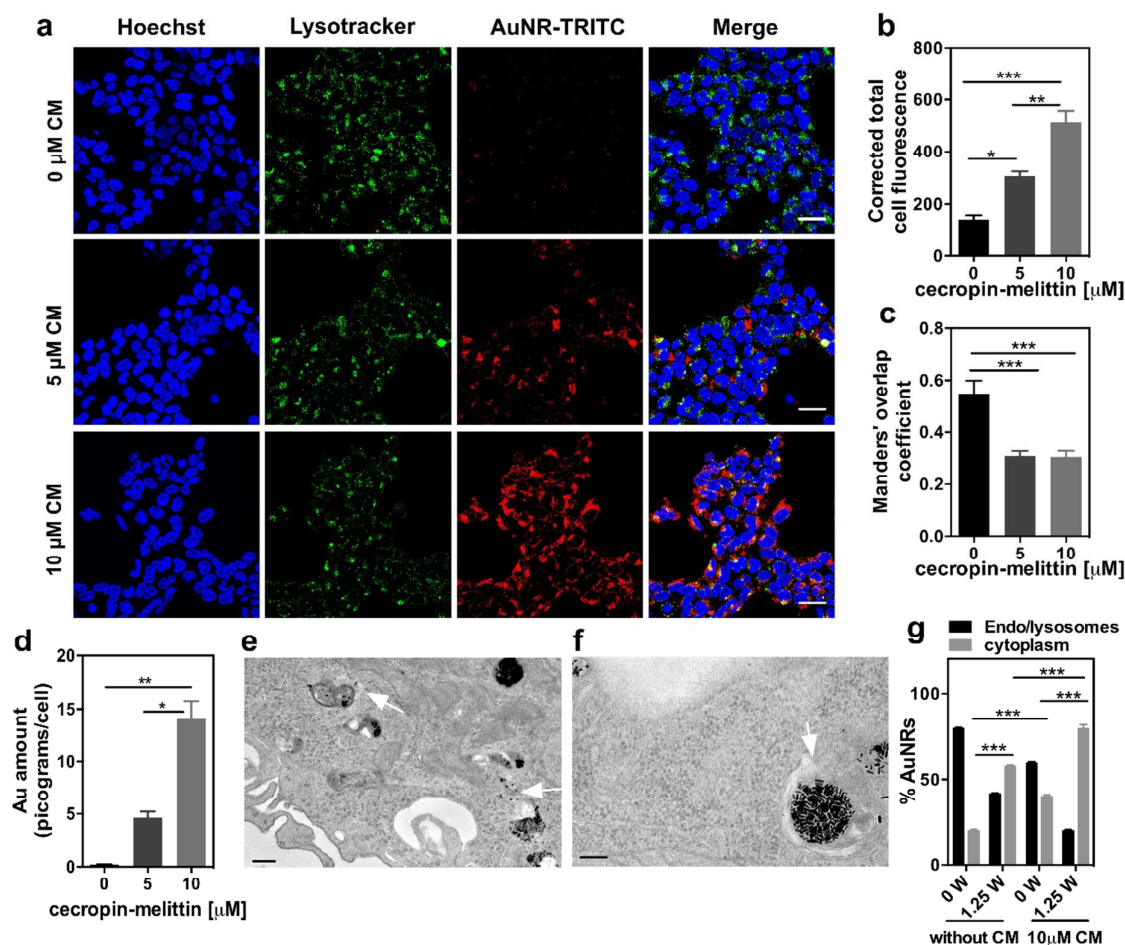


Figure 4. Uptake and intracellular localization of miR-dsDNA-AuNR in HEK-293T cells. (a) Confocal images of HEK-293T cells stained with LysoTracker green after 4 h incubation with miR-155-dsDNA_{51.7}-AuNR-TRITC and CM. Scale bar is 30 μm . (b) Intensity of the signal of AuNR-TRITC per cell. (c) Colocalization between AuNR-TRITC and LysoTracker green expressed as Manders' overlap coefficient assessed by ImageJ analysis. (d) Amount of Au per cell quantified by ICP-MS. (e) TEM image of HEK-293T incubated with miR-155-dsDNA_{51.7}-AuNR before laser activation. White arrows indicate the presence of AuNRs in the cytoplasm. Scale bar corresponds to 500 nm. (f) TEM image of HEK-293T incubated with miR-155-dsDNA_{51.7}-AuNR after laser activation. White arrow indicates the site of rupture of the endosomal membrane. Scale bar corresponds to 200 nm. (g) Percentage of AuNRs present in the cytoplasm and vesicles (endosomes and lysosomes). Quantification

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3 results from the analysis of 30 images/condition. In b, c, d and g, results are expressed as
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5 Average \pm SEM (n=3). *,** and *** denote statistical significance ($p < 0.05$, $p < 0.01$ and
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7 $p < 0.001$) assessed by one-way ANOVA followed by Tukey's post-hoc test.
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11 To evaluate the cytotoxicity of miR-dsDNA-AuNR co-incubated with CM and NIR
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13 laser radiation (up to 2 Wcm^{-2}), reporter cells were exposed for 4 h to the nanocarrier
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15 (miR155-dsDNA_{51.7}-AuNR was used as a model), washed, activated or not with a NIR laser
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17 for 2 min and finally incubated for 24 h upon which cell viability was assessed. Our results
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19 showed no statistically significant differences between the conditions tested indicating that
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21 the treatment was well tolerated by the HEK-293T cells (Figure S4a). The toxicity of AuNRs
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23 and CM was also evaluated in OECs (Figure S4b). Here, CM was cytotoxic in OECs at
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25 concentration $10 \mu\text{M}$. These results are in line with previous results collected by us indicating
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27 that CM has a higher cytotoxicity against ECs than other cell types.³³ Therefore, for
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29 subsequent assays with OECs, a concentration of $5 \mu\text{M}$ of CM was used. Importantly, the
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31 irradiation of AuNRs in both type of cells had no incremental cytotoxicity to the one
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33 observed for AuNRs without irradiation (Figures S4a and S4b).
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37 Overall, our results indicated that the efficient uptake and endosomal escape of
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39 AuNRs conjugated with miRNAs required the use of a cell penetrating peptide. Given the
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41 cellular toxicity of soluble CM, future clinical applications of CM-mediated intracellular
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43 delivery of AuNRs might require the chemical immobilization of the CM to the surface of the
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45 nanocarrier. This methodology has been used successfully by us to decrease the toxicity of
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47 CM in human cells.³³⁻³⁴ Another finding of our study is that the irradiation (laser power up to
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49 2 Wcm^{-2}) of AuNRs within cells has no significant biological impact. It is known that the
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51 irradiation of AuNRs with CW lasers leads to a local increase of temperature at the AuNR
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53 surface, which decreases with the distance as $1/r$, where r is defined as the distance from the
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3 center of the AuNR.³⁵ This means that the temperature of the bulk is significantly lower than
4 the temperature in the vicinity of the AuNR. Thus, it is possible to achieve in the vicinity of
5 the AuNR, temperatures that are close to the melting temperatures of the DNA strands
6 immobilized on the AuNR surface, without inducing deleterious effects to cells.
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13 **Light-triggered release of miRNAs from AuNRs within a reporter cell line.** To
14 test the laser-induced release of miR-ssDNA conjugates in cells, HEK-293T cells were
15 incubated for 4 h with miR155-dsDNA_{51.7}-AuNR or miR302a-dsDNA_{68.9}-AuNR (50 $\mu\text{g mL}^{-1}$)
16 in the presence of CM and subsequently irradiated for 2 min with different laser powers
17 (1.25 or 2 Wcm^{-2}). Cells incubated with miR155-dsDNA_{51.7}-AuNR and activated with laser
18 stimuli of 1.25 Wcm^{-2} or 2 Wcm^{-2} showed a 50% reduction in mCherry fluorescence after 48
19 h (Figure S5c). In contrast, for cells incubated with miR302a-dsDNA_{68.9}-AuNR, a
20 statistically significant reduction in EGFP fluorescence was only observed for a laser
21 stimulus of 2 Wcm^{-2} (Figure S5d).
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33 For the sequential release of miR-155 and miR-302a, cells were incubated with
34 miR155-dsDNA_{51.7}-AuNR (25 $\mu\text{g mL}^{-1}$) and miR302a-dsDNA_{68.9}-AuNR (25 $\mu\text{g mL}^{-1}$) for 4
35 h. In these conditions, the intracellular amount of miR155 and miR302a was similar as
36 evaluated by qRT-PCR (Figure S6). After incubation, cells were irradiated for 2 min at 1.25
37 Wcm^{-2} and a second stimulus (2 min, 2 Wcm^{-2}) was applied 2 h after the first stimulus
38 (Figure 5a). MiR-155, which was conjugated to the oligonucleotide with low melting
39 temperature (T_m 51.7 °C), was preferentially released by the first stimulus (1.25 Wcm^{-2} , 2
40 min) yielding a 42% decrease in mCherry fluorescence (Figure 5c). On the other hand, miR-
41 302a which was conjugated to the oligonucleotide with high melting temperature (T_m 68.9
42 °C), was preferentially released by the second stimulus (2 Wcm^{-2} , 2 min) yielding a 41%
43 decrease in EGFP fluorescence (Figure 5c).
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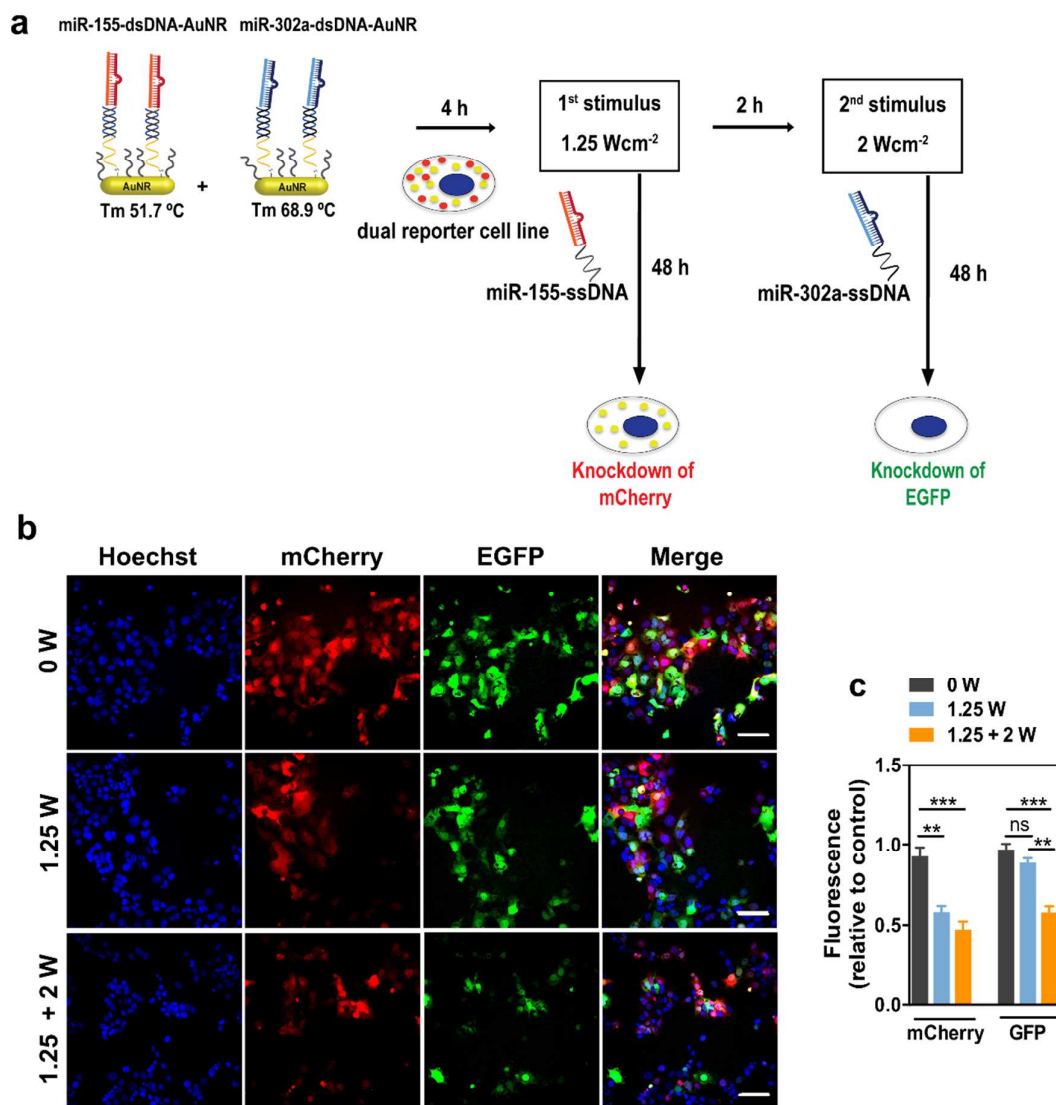


Figure 5. Sequential delivery of miRNAs in HEK-293T. (a) Schematic representation of the protocol used. HEK-293T were incubated with a mixture of miR155-dsDNA_{51.7}-AuNR and miR302a-dsDNA_{68.9}-AuNR for 4h. After incubation cells were exposed to one laser stimulus (2 min at 1.25 Wcm⁻²) or two laser stimuli (2 min at 1.25 Wcm⁻² and 2 min at 2 Wcm⁻²) with an interval of 2 h between the stimuli. (b) Fluorescence microscopy images of cells incubated with miR-dsDNA-AuNRs for 4 h in the presence of CM. Scale bar corresponds to 50 μ m. (c) Quantification of cell fluorescence 48 h after laser irradiation.

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3 Results are expressed as average \pm SEM (n=3, with 6 microscope fields per sample). ***
4 denotes statistical significance (p<0.001) assessed by one-way ANOVA followed by Tukey's
5 post-hoc test.
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11 Overall, our results demonstrated the possibility of temporal delivery of 2 miRNAs
12 conjugated with AuNRs within cells. Moreover, our results further demonstrated that the
13 intracellular delivery of the miRNA was dependent in the oligonucleotide sequence and
14 power of the laser.
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22 ***In vitro* light-triggered modulation of endothelial cell activity.** To test the potential
23 of this delivery system in the modulation of cell activity we incubated OECs with miR155-
24 dsDNA_{51.7}-AuNR and miR302a-dsDNA_{68.9}-AuNR (50 $\mu\text{g mL}^{-1}$) and cell response to each
25 miRNA was evaluated in terms of proliferation and survival in hypoxia culture conditions
26 (Figure 6a). The impact of each miRNA was first evaluated in transfection assays with
27 lipofectamine (Figure S7a). MiR-155 did not promote proliferation, but was able to increase
28 survival, whereas miR-302a promoted cell proliferation but did not have a positive impact in
29 survival (Figures S7b and S7c). Interestingly, the combined effect of both miRNAs induced
30 proliferation and increased survival to a level that was equivalent to the effect of vascular
31 endothelial growth factor (VEGF) (Figure S7d and S7e). Our results using OECs transfected
32 with miR-dsDNA-AuNRs showed a statistically significant increase (6.7 fold) in survival
33 with the first stimulus (2 min at 1.25 Wcm^{-2}) (Figure 6b) which was indicative of light-
34 induced release of miR-155. With the second stimulus (2 min at 2 Wcm^{-2}), OECs showed a
35 statistical significant increase in proliferation which was indicative of light-induced release of
36 miR-302a (Figure 6c). Interestingly, the sequential delivery of miRNAs had a higher impact
37 in cell survival than simultaneous delivery of both miRNAs (Figure S8).
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3 The impact of each miRNA on gene expression was also evaluated (Figure S9). As
4 expected, OEC transfection with miR-155 led to up-regulation of heme-oxygenase (*HMOX1*)
5 gene transcripts,¹² which in turn led to a higher cell survival in hypoxic conditions, as
6 demonstrated previously.¹³ In addition, OECs transfection with miR-302a led to an increase
7 in the number of Cyclin D (*CCND1*) gene transcripts, which is required for cell cycle
8 progression, particularly for the transition G1 to S phase.^{11,36} Moreover, transfection of OECs
9 with miR-302a caused an increase in *MCM4* gene transcripts, which encodes the mini
10 chromosome maintenance complex component 4, a DNA helicase that is essential for the
11 initiation of DNA replication and has been reported as a marker for cell proliferation.³⁷ These
12 results are in agreement with the functional impact of each miRNA in terms of survival and
13 proliferation of OECs.
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26 Overall, our results demonstrated the possibility to modulate the activity (*i.e.* survival
27 and proliferation) of endothelial cells after transfection with miRNAs-conjugated AuNRs.
28 The cell activity was observed after the light-triggered release of each miRNA. Our results
29 further show that the sequential delivery of miRNAs had a higher pro-survival effect than the
30 simultaneous delivery of both miRNAs. This might be explained by the synergistic effect
31 between pro-survival genes that are activated initially by miR-155 with pro-proliferation
32 genes that are activated by the miR-302a. Further studies are necessary to identify the genes
33 that are involved in the synergetic effects. **Importantly, cells treated by the sequential delivery**
34 **of miR-155 and miR-302a had a 1.6-fold increase in cell survival (this corresponds to ~ 31%**
35 **of cell survival) as compared to non-treated cells. It is possible that other schemes of**
36 **delivery, either by changing the order of miRNA release (*i.e.*, miR-302a followed by the**
37 **release of miR-155) or the time between each stimulus might improve even more the survival**
38 **of the cells.**
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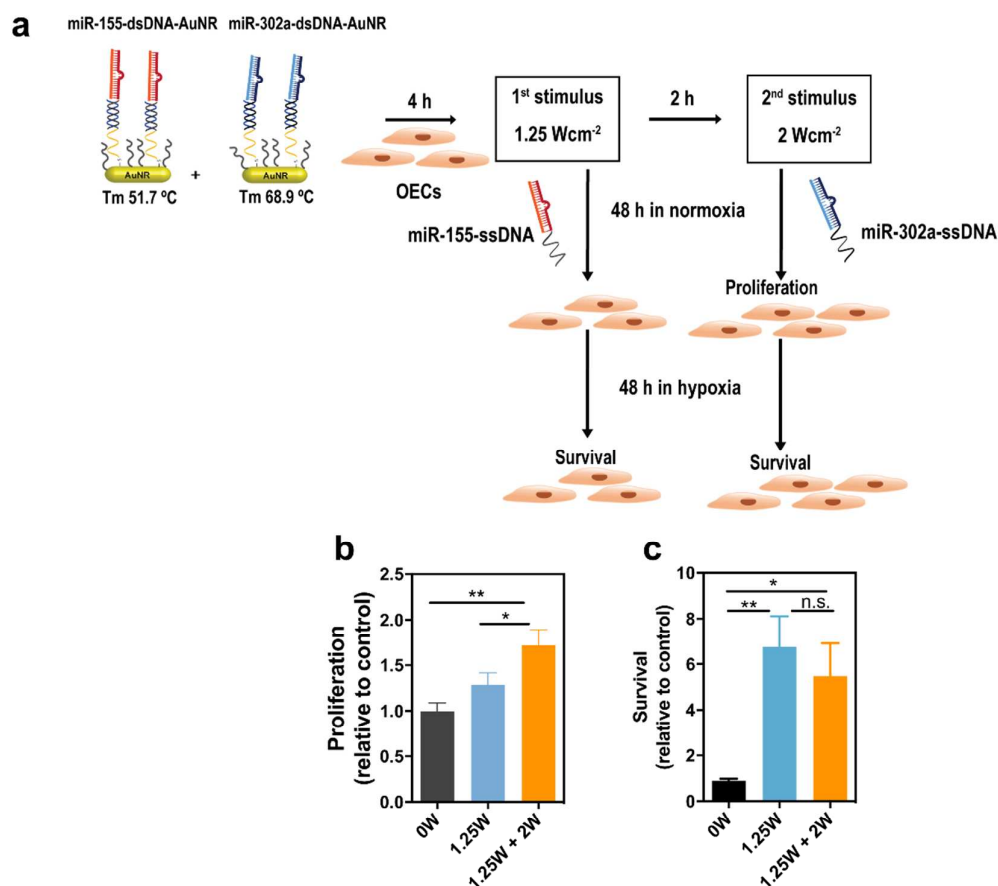


Figure 6. Sequential delivery of miRNAs in OECs. (a) Schematic representation of the protocol. OECs were incubated for 4 h with a mixture of miR155-dsDNA_{51.7}-AuNR and miR302a-dsDNA_{68.9}-AuNR, washed, and then activated by one laser stimulus (2 min at 1.25 Wcm⁻²) or two laser stimuli (2 min 1.25 Wcm⁻² and 2 min at 2 Wcm⁻²) with an interval of 2 h between each stimulus. Cells were then incubated in normoxia conditions for 48 h followed by cell nuclei quantification. Afterwards, cells were incubated in hypoxia conditions for 48 h followed by cell nuclei quantification. Survival was determined as the ratio between the final (after hypoxia) and the initial number (after hypoxia) of cells. (b) Cell proliferation. (c) Cell survival. In b and c, results are expressed as average \pm SEM (n=5). * and ** denote statistical significance (p<0.05 and p<0.01) assessed by one-way ANOVA followed by Tukey's post-

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3 hoc test. Cell proliferation and survival were normalized by cells transfected with ssDNA-
4 AuNRs.
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9 **Modulation of cell activity in an *in vivo* model of wound healing.** Angiogenesis is
10 particularly dependent on the ordered expression of multiple miRNAs that control
11 proliferation, cell survival, migration and mobilisation of cells.³⁸ Although some formulations
12 have been developed for delivery of miRNAs to modulate the behaviour of endothelial cells
13 and promote angiogenesis,³⁹⁻⁴⁰ the synergistic effect of multiple miRNAs has not been fully
14 explored. Moreover, it remains relatively unknown the importance of temporal orchestration
15 in the delivery of multiple miRNAs. Therefore, we investigated the effect of the OECs
16 transfected with miR155-dsDNA-AuNR and miR302a-dsDNA-AuNR and how the control
17 over their temporal release impacts wound healing in an *in vivo* acute wound healing model
18 (Figure 7a). Transfected OECs were transplanted subcutaneously in mice in the border of the
19 wound and in one sequence (sequence A), miR-155 conjugated with ssDNA_{51,7} was released
20 by a first stimulus (2 min at 1.25 Wcm⁻²) and miR-302a conjugated with ssDNA_{68,9} was
21 released by a second stimulus (2 min at 2 Wcm⁻²). In another sequence (sequence B), the
22 order of delivery was inverted by changing the DNA strands conjugated to each miRNA. The
23 wound healing kinetics was monitored during 10 days by the quantification of wound area.
24 Our results indicated that OECs transfected with miR302a-dsDNA_{51,7}-AuNR and miR155-
25 dsDNA_{68,9}-AuNR in equal concentration and activated by sequence B enhanced the wound
26 healing kinetics as compared to OECs alone (Figures 7b and 7c). The effect was statistically
27 significant at days 4-5, thus in the early phase of the wound healing. Histological analysis
28 indicated the presence of granulation tissue at day 5 post-wounding (Figure 7d). The
29 engraftment and location of human OECs in mouse skin samples were monitored by confocal
30 microscopy (Figure 7e) in tissues excised at day 5. In both experimental conditions (*i.e.*
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3 transplanted cells activated by sequences A or B), human OECs were observed in the vicinity
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5 of mouse endothelial cells. A quantitative estimation of cell engraftment was performed by
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7 qRT-PCR (Figure 7f). In this case, human DNA in mouse skin samples was determined using
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9 a primer sequence specific for human cells (see Supporting Information, Table S2). Our
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11 results show that animals transplanted with OECs transfected with miR302a-dsDNA_{51.7}-
12
13 AuNR and miR155-dsDNA_{68.9}-AuNR had the highest cell **engraftment** and the highest
14
15 wound healing kinetics. **Although it has been demonstrated that the *in vitro* delivery of miR-**
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17 **155 followed by miR-302a had a positive effect on cell survival (Fig. S8), this did not**
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19 **translate into significant results in terms of wound healing kinetics. The complexity of the *in***
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21 ***vivo* environment might play an important role in the final biological output played by the**
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23 **miRNAs. Factors such as oxygen concentration, inflammation and oxidative stress, might**
24
25 **play important roles besides the biological effect of the miRNAs. These factors are very**
26
27 **difficult to reproduce *in vitro*. In addition, it is hard to discriminate the effect of cell survival**
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29 **from the effect of cell proliferation in the *in vivo* results and thus any correlation with the *in***
30
31 ***vitro* results is difficult to determine.**

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35 Overall, our results indicate that the temporal control in the delivery of more than one
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37 miRNA is important for their biological effect. Depending in the signalling pathways
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39 activated by each miRNA, the second miRNA might have or not a synergetic effect. To the
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41 best of our knowledge, there are only two studies reporting the use of light-triggerable
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43 formulations for the delivery of miRNAs *in vivo*. In one of the studies, the miRNA was
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45 modified with a photolabile caging group sensitive to UV-light,⁴¹ which has a very limited
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47 penetration depth in biological tissues and can induce cytotoxicity.⁴² The other study reports
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49 a formulation sensitive to NIR light for the delivery of one miRNA.¹⁴ The present work is the
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51 first report on light-controlled sequential release of more than one miRNA using the same
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53 light source.
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3 The current approach may be useful in applications other than topical (skin, eyes,
4 *etc...*) disorders. Organs such as the gut, brain as well as the urinary system may be
5 accessible using fiber-optic devices that are already used in clinical practice for
6 photodynamic therapy.⁴³ Near infrared light has a penetration depth in the order of
7 millimetres to centimetres.⁴⁴ Furthermore, the current delivery platform may be also applied
8 in the treatment of diseases such as cancer in which combinatorial miRNA therapies have
9 been shown to be beneficial.⁴⁵⁻⁴⁷
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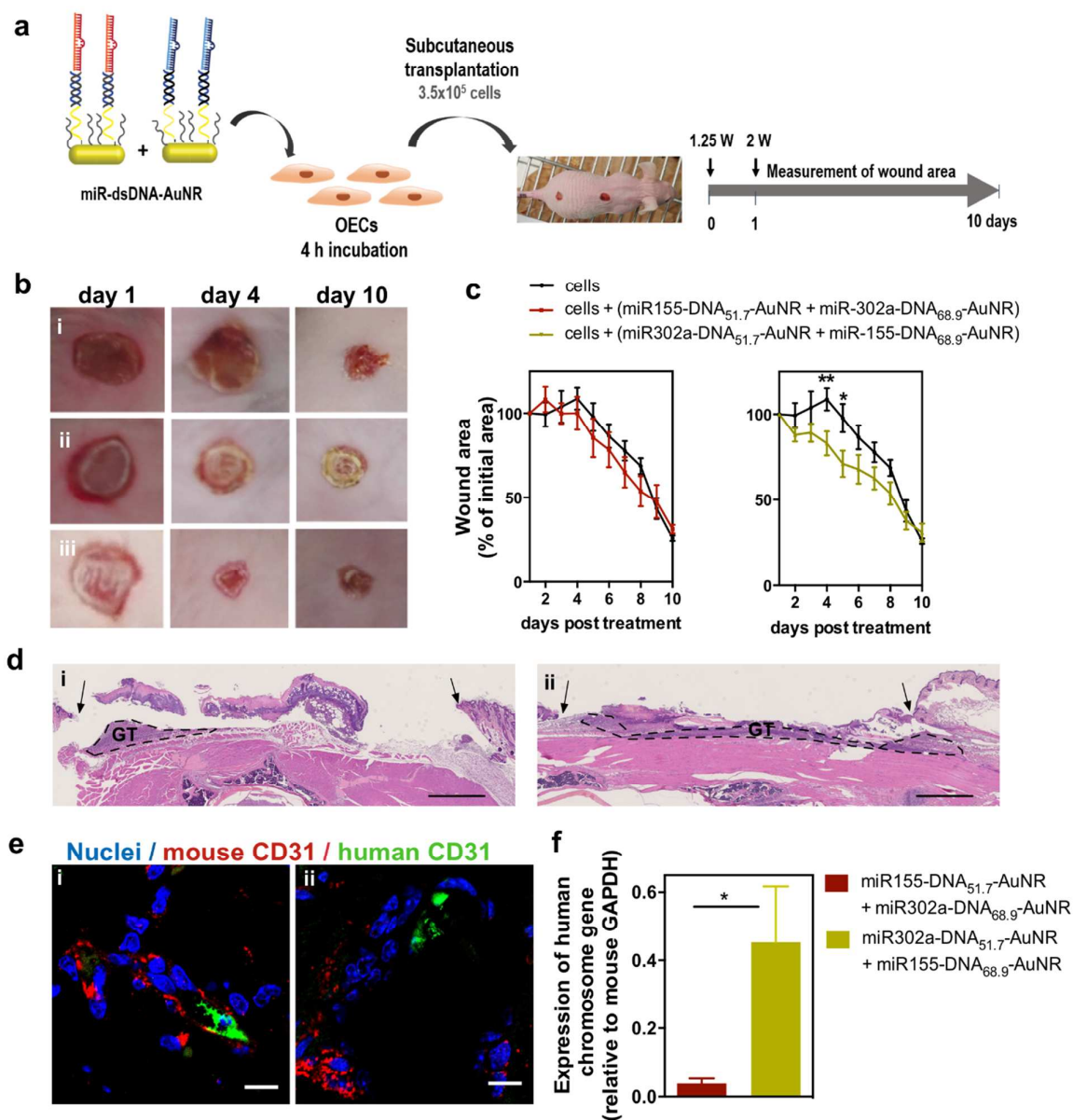


Figure 7. Transplantation of OECs in a mouse model of wound healing. Transplantation of OECs in a mouse model of wound healing. (a) Schematic representation of the protocol. OECs were incubated for 4 h with a mixture of miR-dsDNA-AuNRs. After incubation, cells were trypsinized and transplanted subcutaneously in dorsal wounds created in nude mice. After transplantation, the site of injection was irradiated for 2 min at 1.25 Wcm⁻². After 24 h, a second stimulus was applied (2 min at 2 Wcm⁻²). (b and c) Wound closure in nude mice

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3 treated with cells previously incubated or not with miR-dsDNA-AuNR (i - OECs; ii - OECs
4 incubated with miR155-dsDNA_{51.7}-AuNR and miR302a-dsDNA_{68.9}-AuNR; iii - OECs
5 incubated with miR302a-dsDNA_{51.7}-AuNR and miR155-dsDNA_{68.9}-AuNR). Results are
6 expressed as average \pm SEM (n=7-8). * and ** denote statistical significance (p<0.05 and
7 p<0.01) assessed by unpaired t-test. (d) Histological analysis of mouse skin samples excised
8 5 days post-wounding. Brightfield images of mouse skin stained with hematoxylin/eosin. i -
9 OECs incubated with miR155-dsDNA_{51.7}-AuNR and miR302a-dsDNA_{68.9}-AuNR; ii - OECs
10 incubated with miR302a-dsDNA_{51.7}-AuNR and miR155-dsDNA_{68.9}-AuNR. Black arrows
11 indicate the epidermal wound edges. GT is granulation tissue. Scale bar corresponds to 1
12 mm. (e) Confocal images showing the presence of OECs in vessel-like structures on mouse
13 skin samples excised 5 days post-wounding (i - OECs incubated with miR155-dsDNA_{51.7}-
14 AuNR and miR302a-dsDNA_{68.9}-AuNR; ii - OECs incubated with miR302a-dsDNA_{51.7}-
15 AuNR and miR155-dsDNA_{68.9}-AuNR). Scale bar corresponds to 10 μ m. (f) Quantification by
16 qRT-PCR of human DNA in mouse skin samples excised 5 days post-wounding. Results are
17 expressed as average \pm SEM (n=5).
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37 CONCLUSIONS

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39 In conclusion, we have developed light-responsive NPs, that when combined with an
40 endosomal escape agent, can deliver more than one miRNA. The system works as an optical
41 switch of biological circuits involved in cell proliferation and survival with spatial and
42 temporal control. Although the use of ssDNA has been reported for the immobilization of
43 siRNAs on plasmonic nanocarriers, the ssDNA did not confer a specific release profile to the
44 biomolecule, since the release was obtained through the cleavage of thiol-gold bonds.¹⁸ Even
45 if the differential release of siRNAs is possible by cell transfection with multiple carriers, the
46 delivery of those biomolecules would require the use of multiple lasers and more importantly,
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3 it will be difficult to control the stoichiometry between non-coding RNAs.⁴⁸ In the present
4 work, the differential release was modulated by varying the linkers that attach the miRNA to
5 the gold surface and not by changing the size of the nanocarrier, allowing the use of a single
6 wavelength. Our results show that the order in the sequential release of two miRNAs has
7 significant impact in the modulation of endothelial cell activity.
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20 ASSOCIATED CONTENT

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23 **Supporting Information.** Supporting Information Available: DNA sequences, purification
24 of DNA-miR conjugates, cytotoxicity studies, transfection experiments and RT-PCR results
25 (Figure S1-S9). This material is available free of charge *via* the Internet at <http://pubs.acs.org>
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41 The authors declare no competing financial interest.
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48 ERA Chair project (ERA@UC, ref: 669088) through European Union’s Horizon 2020
49 program and the critical input of Dr. Hugo Fernandes (Faculty of Medicine, University of
50 Coimbra).
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EXPERIMENTAL SECTION

Materials. hsa-miR-155-5p and hsa-miR-302a-3p with a terminal amine group in the passenger strand were purchased from Dharmacon (GE Healthcare). CM (with amino acid sequence: KWKLFFKKIGAVLKVLC) was purchased from Caslo Laboratories. Thiolated oligonucleotide strands, hexadecyltrimethylammonium bromide (CTAB), sodium borohydride (NaBH_4), silver nitrate (AgNO_3), hexanethiol and mercaptohexanoic acid, and other chemicals were all purchased from Sigma-Aldrich and used as received without further purification. Sodium dodecyl sulfate (SDS) was purchased from VWR. N-[γ -maleimidobutyryloxy] sulfosuccinimide ester (sulfo-GMBS), LysoTracker® Green DND-26, fetal bovine serum (FBS) and trypsin-EDTA solution were purchased from Thermo Fisher Scientific. Dulbecco's Modified Essential Medium (DMEM) is a commercial product of Merck Millipore. Endothelial Growth Cell Medium (EGM-2) was purchased from Lonza. Purified water with resistivity above $18.2 \text{ M}\Omega\cdot\text{cm}^{-1}$ was obtained by reverse osmosis (MilliQ, Millipore). Other reagents were analytical grade.

AuNR synthesis. AuNRs were prepared following the seed mediated method.²⁶ The seed solution was prepared by the addition of ice-cold sodium borohydride (NaBH_4 , 10 mM, 0.3 mL) to a solution of hexadecyltrimethylammonium bromide (CTAB) (0.1 M, 5 mL) containing gold(III) chloride hydrate (0.25 mM). The solution was stirred for 2 min and then kept at 25°C for 8 min. The growth solution was prepared by the sequential addition of silver nitrate (AgNO_3 , 5 mM, 3.2 mL), HAuCl_4 (50 mM, 2 mL) and ascorbic acid (0.1 M; 1.5 mL) to a CTAB solution (0.1 M, 200 mL), mixing gently after each step. Finally, the seed solution was added to the growth solution. The growth solution was kept at 28°C for 2 h and then centrifuged at 9000 g to purify the AuNRs.

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3 To facilitate conjugation with ssDNAs, the surfactant on the surface of AuNRs was replaced by
4 mercaptohexanoic acid (MHA), using a method already reported with slight modifications.⁴⁹ First,
5 hexanethiol (1.5 mL) was added to the AuNR-CTAB suspension (2.5 nM, 1 mL). The AuNRs
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7 were transferred to the organic phase by adding acetone (3 mL) followed by gentle shaking. Then
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9 the organic phase was transferred to a new tube to which toluene (2 mL) and methanol (5 mL)
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11 were added. The solution was centrifuged at 5000 g for 10 min, and the pellet was resuspended in
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13 toluene (0.5 mL) by brief sonication. The organic to aqueous phase was performed as follows.
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15 AuNR-hexanethiol (1 mL) in toluene was added to mercaptohexanoic acid (MHA, 5 mM) in
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17 toluene (9 mL) at 95 °C. The reaction proceeded under reflux with magnetic stirring for 15 min.
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19 Modification with MHA caused the formation of AuNR aggregates. After cooling to room
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21 temperature, the aggregates were washed twice with toluene by decantation and then with
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23 isopropanol to deprotonate the carboxylic groups. Then, AuNR aggregates were resuspended in 1×
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25 TBE. The ligand exchange was confirmed by zeta potential measurements.
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35 **Functionalization of AuNR-MHA with single strand DNA (ssDNA).** ssDNAs (sequences
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37 are in Table S1) carrying a thiol C6 modification were reduced with 100- fold molar excess
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39 of Tris(2-carboxyethyl)phosphine (TCEP) for 1 h. The reduced ssDNA (4 μL, 50 μM) was
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41 added to a AuNR suspension (0.5 nM; 0.5 mL, in 10 mM phosphate buffer pH 7.4 containing
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43 0.3% (w/v) of sodium dodecyl sulfate (SDS)) and incubated for 3 h. Afterwards, a NaCl
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45 solution (20 μL; 0.45 M) was added every 60 min to the AuNR suspension. This procedure
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47 was repeated 3 times and the suspension kept overnight under gentle shaking. Finally, the
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49 AuNR suspension was centrifuged at 9000 g, the supernatant was collected and the pellet was
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51 resuspended in 10 mM phosphate buffer containing 30 mM NaCl. The amount of ssDNAs
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53 immobilized on the surface was determined indirectly by measuring absorbance at 260 nm in
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55 the supernatant. The ssDNA-AuNRs were stored at 4°C before use.
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6 **Preparation of micro-RNAs conjugated with ssDNA.** miR-ssDNA conjugates were
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8 prepared using N-[γ -maleimidobutyryloxy]sulfo succinimide ester (sulfo-GMBS, Thermo
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10 Scientific) as linker. miR-155 or miR-302a (60 μ L at 100 μ M in PBS pH 8.0) were reacted
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12 with sulfo-GMBS in a 100-fold molar ratio for 30 min at room temperature. The excess of
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14 linker was removed by ultrafiltration with Nanosep 30 kDa (Pall Corporation). The buffer
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16 was exchanged by PBS pH 7.0 and the purified miR (60 μ L; 100 μ M in PBS pH 7.0) was
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18 reacted with thiolated DNA (60 μ L; 200 μ M in PBS pH 7.0) in a final volume of 200 μ L of
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20 PBS for 2 h at room temperature. Before conjugation DNA strands were reduced with 100-
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22 fold excess of TCEP for 1 h at 37 $^{\circ}$ C. DNA strands were complementary to the strands
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24 immobilized on the AuNR surface (A: 5'-HS-C6-TATACGAAGTTATAAAAAAAAAA or
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26 B: 5'-HS-C6-TGCCCTGGACCCGGAC). The products of miR and ssDNA conjugation
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28 were then separated in a Shimadzu-LC-20AD system using a 4.6 \times 250 mm XBridge C18
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30 column packed with 3.5 μ m particles, average pore diameter 130 \AA (Waters). The mobile
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32 phases were as follows: 0.1 M TEAA pH 7.0 (A) and acetonitrile (B). The gradient started in
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34 14% of B to 19 % of B in 23 min. The flow rate was 0.55 mL/min. The acetonitrile present in
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36 the fraction containing the miR-ssDNA conjugate was removed in a rotary evaporator. The
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38 final volume was aliquoted and stored at -20 $^{\circ}$ C.
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46 **Characterization of miR conjugated with ssDNA by non-denaturing PAGE.** The reaction
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48 mixture obtained after reacting miR-155 or miR-302a with ssDNA and the fractions obtained
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50 after HPLC purification of the reaction mixture were analysed by gel electrophoresis.
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52 Reaction mixture (15 μ L) and reaction mixture fractions obtained after HPLC purification
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54 (15 μ L) were mixed with glycerol (5 μ L; glycerol in 50% v/v of H₂O), loaded in a
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3 polyacrylamide gel (12%, w/v) and run for 45 min in $0.5 \times$ TBE at 140 V. The gel was
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5 stained with SyBr Gold (1:5000 in $1 \times$ TBE) for 10 min and imaged in a UV transilluminator
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7 (Molecular Imager Gel DOC, Biorad).
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13 **Labelling of ssDNA-AuNR with TRITC.** Thiol-PEG-amine 1 kDa (Creative PEGworks, 20
14 nmol) was reacted with TRITC (20 nmol) in 1 mL of 10 mM carbonate buffer at pH 9.0 for 2
15 h at room temperature. Then ssDNA-AuNR (500 μ L, 0.5 nM) were incubated overnight with
16 thiol-PEG-TRITC in a molar ratio of 1:1000. The excess of fluorophore was removed in two
17 steps of centrifugation at 9000 g. The supernatants were then quantified for the presence of
18 TRITC by fluorescence spectroscopy. On average, 540 fluorophores were immobilized on
19 AuNRs.
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32 **Immobilization of miR-ssDNA conjugates in AuNRs.** For the hybridization of
33 complementary oligonucleotide strands conjugated with miR, a suspension of AuNR-ssDNA
34 (0.5 nM) was incubated with DNA-miR conjugates (400 nM) for 1 h at 37 $^{\circ}$ C and then the
35 temperature was slowly decreased to 25 $^{\circ}$ C. The excess of miR-DNA conjugate was removed
36 by centrifugation. The amount of miR-ssDNA immobilized on the AuNRs was determined
37 indirectly by measuring the concentration in the supernatant. For that, the supernatant was
38 collected and incubated with SyBr Gold (diluted 1:10000). The fluorescence was measured in
39 a Synergy HT microplate reader (excitation 495 nm, emission 537 nm) and the concentration
40 was extrapolated from a calibration curve.
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3 **Backfill with thiol-PEG.** After conjugation with miR-ssDNA conjugates, the surface of
4 AuNRs was backfilled with thiolated PEG (2 kDa). Briefly, a suspension of AuNR-DNA-
5 miR (500 μ L, 0.5 nM) was incubated with thiol-PEG at 25 μ M corresponding to a ratio of
6 1:50000 between AuNR and thiol-PEG. The reaction proceeded for 5 h at room temperature
7 under orbital agitation. Then, the suspension was centrifuged (9000 g, 30 min) and
8 resuspended in 10 mM phosphate pH 7.4 with 30 mM NaCl. The suspension was stored at 4°
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21 **Cell culture.** HEK-293T transfected with a reporter vector were kindly offered by Dr.
22 Ricardo Neves. The vector was offered by Dr. Irvin Chen (David Geffen School of Medicine,
23 University of California at Los Angeles). The reporter vector encodes EGFP conjugated to
24 the targets of miR-302a and miR-302d, and mCherry conjugated to the targets of miR-142-
25 3p, miR-155 and miR-223²⁵. Cells were cultured in T-75 culture flasks at 37 °C in a
26 humidified atmosphere of 5% CO₂ in DMEM cell culture media containing 10% FBS and
27 0.5% penicillin-streptomycin. Cells were grown to 80-90% confluency before splitting and
28 re-seeding 24 h before each experiment. OECs cells were differentiated from CD34⁺ cells
29 collected from umbilical cord blood mononuclear cells, as previously described.⁵⁰
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45 **Cytotoxicity of miR-dsDNA-AuNR and CM.** To assess the cytotoxicity of AuNRs, HEK-
46 293T cells or OECs were seeded on a 96 well plate (12×10^3 cells/well), left to adhere for 24
47 h and then incubated with dsDNA_{51.7}-AuNR (50 μ g mL⁻¹) with or without CM (2.5, 5 or 10
48 μ M) for 4 h in serum-free medium (DMEM for HEK-293T; EGM-2 for OECs). After
49 incubation, cells were washed with PBS to remove non-internalized AuNRs and new medium
50 was added (DMEM supplemented with 10% FBS for HEK-293T; EGM-2 containing FBS for
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3 OECs). In some conditions, after incubation with AuNRs, cells were washed and irradiated
4 with a 780 nm laser at 1.25 Wcm^{-2} for 2 min. After 2 h in the incubator at $37 \text{ }^\circ\text{C}$, a subset of
5 samples received a second laser stimulus for 2 min at 2 Wcm^{-2} . Then cells were left in the
6 incubator for 24 h and ATP production was measured by a Celltiter-Glo Luminescent Cell
7 Viability Assay (Promega) according to the manufacturer's instructions.
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17 **Cellular transfection with miRNAs and ssDNA-miRNAs.** The ability of miR-155 and
18 miR-302a to induce the knockdown of mCherry and EGFP respectively, was evaluated *via*
19 transfection with lipofectamine RNAimax. HEK-293-T cells were seeded in a collagen
20 coated 96 well plate (6500 cells/well) in DMEM (10% FBS, without antibiotics) 24 h before
21 transfection. MiR-155, miR-302a, ssDNA-miR-155 and ssDNA-miR-302a (35 μL ,
22 concentrations ranging from 0.05 to 5 nM) were complexed for 20 min with lipofectamine
23 RNAimax diluted in DMEM (0.7 μL of RNAimax in 35 μL of DMEM). Then, each of the
24 complexes was added to cells (20 μL /well) and incubated for 4 h or 24 h. Finally, cells were
25 washed, new culture medium was added and cell fluorescence was monitored in a high-
26 content fluorescence microscope (IN Cell 2200, GE Healthcare) each 12 h during 3 days.
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39 The biological effect of miR-155 and miR-302a was also evaluated in OECs. OECs were
40 seeded in a 96 well plate (10000 cells/well), left to adhere for 24 h and then transfected with
41 miR-155 and/or miR-302a or scramble (50 nM) using lipofectamine RNAimax (Invitrogen)
42 for 48 h. The complex was prepared in EMB-2 (10 μL) and added to cells on 90 μL of
43 gentamycin-free EGM-2.
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3 **Activity of DNA-miR conjugates released from AuNRs.** The activity of miR-155 and miR-
4 302a released from AuNR surface after irradiation was evaluated in reporter HEK-293T cells
5 seeded in a 96 well plate (6500 cells/well). In order to study the laser induced release and
6 activity of miR-DNA conjugates, we used AuNRs hybridized with: (i) miR-155 conjugated
7 with ssDNA with a melting temperature of 51.7 °C and (ii) miR-302a conjugated with
8 ssDNA with a melting temperature of 68.9 °C. Each suspension of miR-dsDNA-AuNR was
9 irradiated and immediately centrifuged. Then the supernatant was complexed for 20 min with
10 lipofectamine RNAimax (35 µL of supernatant complexed with 35 µL of RNAimax diluted
11 1:50 in DMEM) and 20 µL of this mixture was added to each well containing 100 µL of
12 DMEM with 10 % FBS. After incubation, cells were kept in DMEM (10% FBS, 0.3 µg/mL
13 of Hoechst) and mCherry/EGFP fluorescence was monitored by a high-content fluorescence
14 microscope (IN Cell 2200, GE Healthcare) during 3 days (intervals of 12 h). For
15 quantification of fluorescence, cells were segmented using IN Cell analyzer software and the
16 mean intensity levels of mCherry and EGFP fluorescence were calculated for each segmented
17 cell. Finally, the fluorescence of the background was subtracted in each case.
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38 **Intracellular trafficking of miR-dsDNA-AuNR-TRITC by confocal microscopy.** Cells
39 were seeded in an IBIDI 15 well slide (80 % confluency), left to adhere for 24 h and then
40 incubated with miR-155-dsDNA_{51.7}-AuNR-TRITC (50 µg mL⁻¹) for 4 h with or without CM
41 (5 or 10 µM) in DMEM (0.5% PenStrep, without FBS). After incubation, cells were washed
42 with medium to remove non-internalized AuNRs. Then, the cells were incubated with
43 LysoTracker® Green (100 nM) for 30 min to stain the endosomes and with Hoechst 33342
44 (0.3 µg mL⁻¹) to stain the nuclei. Cells were then observed under a confocal microscope.
45 Images were acquired on a Zeiss LSM 710 confocal microscope (Carl Zeiss, Jena, Germany)
46 using a 40× objective/ 1.4 numerical aperture oil PlanApochromat immersion lens.
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3 Lysotraker Green was detected using the 488 nm laser line of an Ar laser (25 mW nominal
4 output) and an LP 505 filter. TRITC was detected using a 561 nm HeNe laser (1 mW) and an
5 LP 560 filter. The pinhole aperture was set to 1 Airy unit. Image acquisition was performed
6 using the Zen Black 2012 software. Images were analyzed in ImageJ and the colocalization
7 was determined by calculating the Manders' colocalization coefficient between AuNR-
8 TRITC and Lysotracker green.
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19 **Intracellular trafficking of miR-dsDNA-AuNR by transmission electron microscopy**

20 **(TEM).** Cells were seeded in a 24 well plate, left to adhere for 24 h to 90% of confluency and
21 then incubated with miR-155-dsDNA_{51.7}-AuNR (50 $\mu\text{g mL}^{-1}$) and CM (10 μM). After 4 h
22 incubation, the medium was replaced and cells were irradiated with a fibercoupled Roithner
23 laser (780 nm) at 1.25 W cm^{-2} for 2 min. The culture medium was removed, cells were
24 washed with PBS and then fixed for 1 h with 2.5% glutaraldehyde and 2.0%
25 paraformaldehyde in 0.1 M sodium cacodylate buffer pH 7.4, containing sucrose (0.1 M),
26 KCl (50 mM), MgCl (2.5 mM) and CaCl (1.25 mM). Cells were post-fixed for 1 h in a 2%
27 osmium tetroxide solution containing 0.8% potassium ferrocyanide in 0.1 M sodium
28 cacodylate buffer. The samples were washed with distilled water and soaked overnight in
29 aqueous 1% uranyl acetate at 4 °C. Then the samples were dehydrated in graded alcohols and
30 embedded in resin. TEM images were acquired with a Tecnai Spirit microscope (EM) (FEI,
31 Eindhoven, The Netherlands) equipped with a LaB6 cathode. Images were acquired with a
32 1376 × 1024 pixel CCD camera (FEI, Eindhoven, The Netherlands), with a magnification
33 between 20000× and 80000×. In each image, the number of AuNRs in cell compartments
34 (endolysosomal compartments and cytosol) was counted and divided by the total number of
35 AuNRs per image to obtain percentage of AuNRs per compartment.
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9 **Light-induced release of DNA-miR conjugates in reporter HEK-293T.** HEK-293T cells
10 were seeded in a 96 well plate (6500 cells/well), left to adhere for 24 h and then incubated
11 with miR-155-dsDNA_{51.7}-AuNRs (50 $\mu\text{g mL}^{-1}$), or miR-302a-dsDNA_{68.9}-AuNRs (50 $\mu\text{g mL}^{-1}$),
12 or a mixture of miR-155-dsDNA_{51.7}-AuNRs (25 $\mu\text{g mL}^{-1}$) with miR-302a-dsDNA_{68.9}-AuNRs
13 (25 $\mu\text{g mL}^{-1}$) (corresponding to 20.2 nM of miR-155 and 19.5 nM of miR-302a). The
14 suspension of miR-dsDNA-AuNRs was prepared in serum-free DMEM. Before adding to
15 cells, the suspension was mixed with CM peptide (final concentration of 5 or 10 μM). After 4
16 h incubation, the medium was replaced and cells were irradiated with a fiber-coupled laser
17 (780 nm) at a specific power (see details in the main manuscript) for 2 min.
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29 In some cases, we performed a second irradiation, after 2 h of the first irradiation, with a
30 power laser of 2 W cm^{-2} for 2 min. Then, cells were incubated in DMEM (10% FBS, 0.5%
31 PenStrep and 0.3 $\mu\text{g/mL}$ of Hoechst 33342) and cell fluorescence was monitored in a high-
32 content fluorescence microscope (IN Cell 2200, GE Healthcare).
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41 **Light-induced release of DNA-miR conjugates in OECs.** OECs were seeded in a 96 well
42 plate (10000 cells/well), left to adhere for 24 h and then incubated with a mixture of miR-
43 155-dsDNA_{51.7}-AuNRs (25 $\mu\text{g mL}^{-1}$) with miR-302a-dsDNA_{68.9}-AuNRs (25 $\mu\text{g mL}^{-1}$),
44 (corresponding to 20.2 nM of miR-155 and 19.5 nM of miR-302a). The suspension of miR-
45 dsDNA-AuNRs was prepared in serum-free EGM-2. Before adding to cells, the suspension
46 was mixed with CM peptide (final concentration of 5 μM). After 4 h incubation, the medium
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3 was replaced for EGM-2 and cells were irradiated with a fibercoupled laser (780 nm) at 1.25
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5 Wcm^{-2} for 2 min and 2 h later cells were subjected to a second stimulus of 2 Wcm^{-2} for 2 min.
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11 **Proliferation and survival assays.** For the proliferation studies, 48 h after the AuNR
12 incubation, cells were incubated with Hoechst 33342 ($1 \mu\text{g mL}^{-1}$) and nuclei were counted in
13 a high-content fluorescence microscope (IN Cell 2200, GE Healthcare). The same cells were
14 a high-content fluorescence microscope (IN Cell 2200, GE Healthcare). The same cells were
15 then cultured for additional 48 h in ischemic conditions (0.1% O_2 and EBM-2 medium, in
16 plates covered with Breathe-Easy® sealing membranes, Sigma) to quantify their survival. At
17 the end of incubation cells were incubated with Hoechst 33342 ($1 \mu\text{g mL}^{-1}$) and nuclei were
18 counted in a high-content fluorescence microscope. Cells treated with VEGF (50 ngmL^{-1})
19 were used as positive control of the experiment.
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32 **Sequential release of DNA-miR conjugates in OECs.** OECs seeded in a 96 well plate
33 (5000/well) were incubated with miR-dsDNA-AuNRs as described previously (see section
34 “Light-induced release of DNA-miR conjugates in OECs”) and then irradiated with a single
35 stimulus of 2 Wcm^{-2} for 2 min to induce release of both miRNAs, or with two irradiation
36 stimuli of 1.25 Wcm^{-2} and 2 Wcm^{-2} with 24 h interval between them to induce sequential
37 release of miRNAs. After irradiation, cells were cultured for additional 48 h in ischemic
38 conditions (0.1% O_2 and EBM-2 medium, in plates covered with Breathe-Easy® sealing
39 membranes, Sigma). After incubation, cells were stained with Hoechst 33342 ($1 \mu\text{g mL}^{-1}$) and
40 nuclei were counted in a high-content fluorescence for quantification of cell survival.
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3 **Quantification of miRNAs by qRT-PCR.** HEK-293T cells were seeded in a 24 well plate
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5 (1×10^5 cells/well) and left to adhere for 24 h. Cells were incubated for 4 h with a mixture of
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7 miR155-dsDNA_{51.7}-AuNR ($25 \mu\text{g mL}^{-1}$) and miR302a-dsDNA_{68.9}-AuNR ($25 \mu\text{g mL}^{-1}$) in the
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9 presence of CM ($10 \mu\text{M}$) in DMEM without FBS. Then cells were washed twice with PBS
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11 and lysed with RLT buffer (Qiagen). Subsequently, miRNAs were isolated using miRCURY
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13 RNA isolation kit (Exiqon), followed by cDNA preparation from 10 ng total RNA using
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15 miRCURY LNA™ Universal RT microRNA (Exiqon). Quantitative PCR (qPCR) was
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17 performed using NZYSpeedy qPCR Green, (NZYtech) and the detection was carried out in a
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19 7500 Fast Real-Time PCR System (Applied Biosystems). A calibration curve was done using
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21 known concentrations of each miRNA. U6 was used as an endogenous standard. Hsa-miR
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23 LNA™ PCR primer sets (Exiqon) specific for each miR-155-5p and miR-302a-3p were used
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25 for the quantification.
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32 **Gene analysis.** OECs were transfected with miR-155 and miR-302a, as previously described.
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34 After 48 h transfection, cells were lysed with RLT buffer and total RNA was isolated using
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36 RNeasy Micro Kit (Qiagen). DELTAgene assays (FlexSix - Fluidigm) were designed. The
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38 pre-amplification process was performed for 14 cycles. The oligos were synthesized by
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40 Sigma (Table S2) and dissolved at a concentration of $100 \mu\text{M}$ in water. For each assay a
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42 Primer Pair Mix was prepared containing $50 \mu\text{M}$ Forward Primer and $50 \mu\text{M}$ Reverse Primer.
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44 In order to prepare $10 \times$ Pre-amplification Primer Mix (500 nM each primer), each Primer
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46 Pair Mixes ($10 \mu\text{L}$, $50 \mu\text{M}$ each primer) was mixed with $40 \mu\text{L}$ buffer consisting of 10 mM
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48 Tris-HCl, pH 8.0; 0.1 mM EDTA; 0.25% Tween-20. In order to prepare $10 \times$ Assay ($5 \mu\text{M}$
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50 each primer) each Primer Pair Mix was diluted by mixing $10 \mu\text{L}$ Primer Pair Mix ($50 \mu\text{M}$
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52 each primer) with $90 \mu\text{L}$ buffer consisting of 10 mM Tris-HCl, pH 8.0; 0.1 mM EDTA;
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54 0.25% Tween-20. A pre-mix containing cDNA and primers was done and treatment with
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3 exonuclease I was performed to remove non-hybridized primers. The Fluidigm® FLEXsix™
4 Gene expression IFC was used with EvaGreen chemistry. After a prime of the chip, a 10x
5 assay mix and sample mix were pipetted into the inlets. The chip was loaded and data was
6 collected using the BioMark HD™. Data was analyzed using Fluidigm® Real Time PCR
7 Analysis v2.1 software.
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13 14 15 16 17 ***In vivo* experiments**

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20 **Preparation of cells for transplantation.** OECs were seeded in gelatin coated T75 flasks
21 (2.8×10^6 cells/flask) and left to adhere overnight. Then cells were incubated with different
22 combinations of AuNR formulations (A: 25 $\mu\text{g/mL}$ of miR155-dsDNA_{51.7}-AuNR + 25
23 $\mu\text{g/mL}$ of miR302a-dsDNA_{68.9}-AuNR, corresponding to 20.2 nM of miR-155 and 19.5 nM of
24 miR302a; B: 25 $\mu\text{g/mL}$ miR302a-dsDNA_{51.7}-AuNR + 25 $\mu\text{g/mL}$ miR155-dsDNA_{68.9}-AuNR,
25 corresponding to 20.2 nM of miR-155 and 19.5 nM of miR302a) for 4 h in EGM-2 without
26 FBS and with CM (5 μM). After incubation, cells were washed with PBS, trypsinized,
27 centrifuged and resuspended in 1 mL of EGM-2. Then cells were counted and the final
28 concentration was adjusted to 1×10^6 cells/mL. Cells were kept in ice until transplantation.
29 Immediately before transplantation, aliquots containing 3.5×10^5 cells were centrifuged for 3
30 min at 250 g and resuspended in PBS (50 μL).
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48 ***In vivo* wound model and cell transplantation.** Animal protocol was approved by the
49 Ethics Committee of the Faculty of Medicine of the University of Coimbra
50 (ORBEA_159_2017/05052017). Male nude mice (6 weeks) were purchased from Charles
51 River (Wilmington, MA, USA). The animals were anesthetized, the dorsolumbar skin was
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3 disinfectant and two 6 mm-diameter dorsal full-thickness excisional wounds were created
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5 with a sterile biopsy punch in each animal. Then, cells (3.5×10^5 cells in 50 μ L of PBS) were
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7 injected subcutaneously in a single spot between 5 to 10 mm from the wound. After
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9 transplantation, the injection spot was irradiated for 2 min at 1.25 Wcm⁻². Twenty four hours
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11 after the first injection, the animals were irradiated again for 2 min at 2 Wcm⁻². The animals
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13 were maintained in individual cages with food and water ad libitum and in a temperature and
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15 humidity-controlled environment. The rate of wound closure was determined over ten days.
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17 At the end of the study, animals were sacrificed by cervical dislocation.
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24 **Tissue processing.** At day 5 or day 15 post-wounding, mice were sacrificed and skin from
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26 wound area and injection site were excised and fixed in 10% neutral buffered formalin or
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28 stored at -80° C. The fixed samples were processed for paraffin embedding.
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34 **Quantification of human DNA in mouse skin samples by RT-PCR.** Skin samples from the
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36 injection site (approximately 50 mg) were homogenized with steel beads in 1 mL of TRIZOL
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38 using a TissueLyser (Qiagen, Netherlands) operated at 30 Hz in two cycles of 2 min. DNA
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40 was extracted following the manufacturer's instructions and the final concentration was
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42 determined in Nanodrop. A pre-amplification was performed using 100 ng of DNA and
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44 PreAmp Master mix (Fluidigm) (15 cycles: 95 °C-15sec, 67 °C-4 min). Quantitative PCR
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46 (qPCR) was performed using NZYSpeedy qPCR Green, (NZYtech) and the detection was
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48 carried out in a 7500 Fast Real-Time PCR System (Applied Biosystems). The primers used
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50 for specific amplification of human DNA are presented in Table S2. A calibration curve was
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52 generated using serial dilutions of human DNA isolated from OECs into mouse DNA.
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6 **Immunohistochemistry.** Mouse skin sections (3 μm thickness) were deparaffinized and
7 rehydrated, after which antigen retrieval was performed at 97°C for 20 min in citrate buffer
8 pH 6.0. Next, the sections were blocked for 1 h in 5% BSA and for 30 min at room
9 temperature with primary antibody anti-human CD31 (1:30, clone JC70A, DAKO). Then, the
10 sections were incubated overnight at 4°C with primary antibodies mouse anti-human CD31
11 (1:30, clone JC70A, DAKO) and rabbit anti-mouse/human CD31 (1:50, Abcam 28364).
12 Finally, the samples were stained with secondary antibody Alexa Fluor 488 goat anti-mouse
13 (1:800, Invitrogen) for 1 h at room temperature, followed by 1 h incubation with secondary
14 antibody Cy3 goat anti-rabbit (1:800, Jackson Laboratory) and then stained with DAPI.
15 Images were acquired on a Zeiss LSM 710 confocal microscope (Carl Zeiss, Jena, Germany)
16 using a 40 \times objective/ 1.4 numerical aperture oil Plan Apochromat immersion lens.
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33 **Histological analysis.** Samples embedded in paraffin were sectioned at 4 μm , and stained
34 with hematoxylin and eosin. Histological analysis was performed by a pathologist.
35 Granulation-tissue formation and inflammation at the wound gap, were analyzed using
36 NDP.view2 software coupled to Nanozoomer SQ slide scanner (Hamamatsu).
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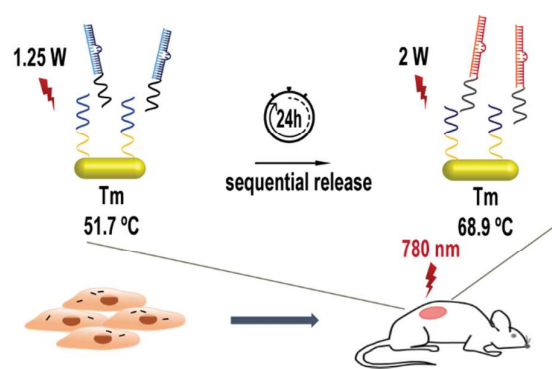


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